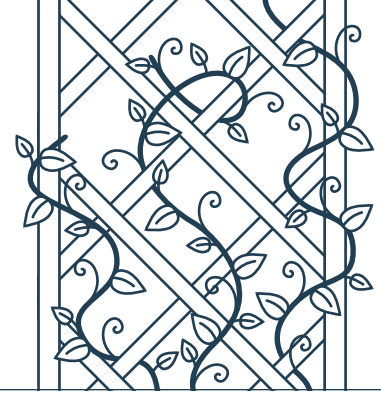




PRAYING AT HOME THE EXAMEN



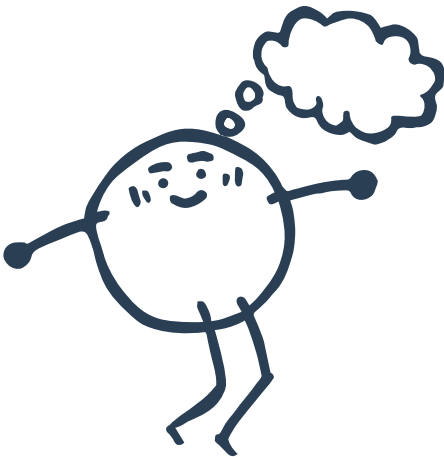
PRAYER SHEET

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1 Relax: *God is with you*



2 Review: *Look back over you day*



3 Reflect:

What made you happy today?



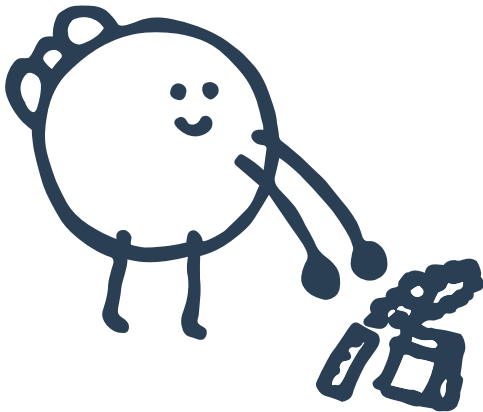
We say thank you

What made you sad today?



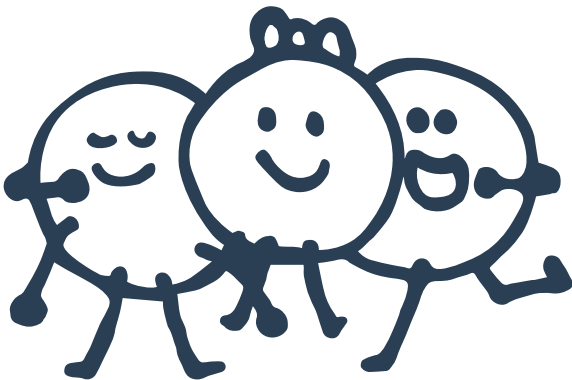
We ask for peace

4 **Respond:** What do you hope for tomorrow?



We ask for God's blessing

5 **Rest:** In God's love



Closing Prayer:
In my head, in my heart,
all around me, and everywhere I go,
Jesus is here. Amen.

Illustrations by Maisha Ngoy (10)