

### **POSTURES**

Are there any Way of Life Postures that stand out to you within each of the three movements?

Tick or cut out your chosen Postures and place them on the OUR POSTURES sheet to help you in the discernment of your shared Way of Life. Try to narrow it down to 6-9 Postures.

STAY WITH GOD				
Abiding	Art	Centring		
Confession	Creativity	Fasting		
Listening	Music	Prayer		
Scripture	Silence	Solitude		
Study	Quiet Time	Rest		
Add your own here	Add your own here	Add your own here		



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SHARE THE JOURNEY				
Authenticity	Belonging	Celebration		
Curiosity	Forgiveness	Learning		
Listening	Openness	Play		
Sabbath	Sacraments	Sharing		
Reconciliation	Recreation	Worship		
Add your own here	Add your own here	Add your own here		



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SERVE OUR WORLD			
Blessing	Bridge-building	Compassion	
Creation Care	Education	Evangelism	
Food Accessibility	Generosity	Healing	
Hospitality	Mental Health Support	Racial Justice	
Refugee Work	Supporting Young People	Workplace Ministry	
Add your own here	Add your own here	Add your own here	



# WAY OF LIFE

STAY ◆ SHARE ◆ SERVE

## **OUR POSTURES**

