

---

## Dr Rosemary Gomes

---



- Member of the PCC at Christ Church Spitalfields including Standing Committee.
- Member of the Tower Hamlets Deanery Synod.
- Active lay member of Christ Church Spitalfields including being a 'Hub Pastor' overseeing midweek groups, regular preaching at Sunday services and being on the Welcome Team.
- Supporter of Compassion UK, Life Association, Open Doors and Christians Against Poverty.

---

**Nominated by** Ailish Foad    **Seconded by** Georgina Makin

Both members of the PCC at Christ Church Spitalfields and Tower Hamlets Deanery Synod

---

### About Me

- ❖ I am 39 years old.
- ❖ I am born and bred in London. I love the creativity and energy of this city and the way people build community here in the midst of transience and the fast pace.
- ❖ I am a Clinical Psychologist, working in both an NHS role and in private practice with a range of individuals and families experiencing mental health difficulties, with a focus on parental mental health. I have previously specialised in working with children with disabilities including autism.
- ❖ I also work as an Expert Witness providing psychological reports and opinions to assist the courts in reaching decisions in family law.
- ❖ I am also a stand up comedian. I regularly perform at open mic gigs across London and this summer I performed in a run of comedy events as part of Camden Fringe Festival. I enjoy the craft and writing of comedy and the atmosphere and connection of live shows.

---

### My priorities:

- Prayer:

I am passionate about seeking God and His will in all things, through continually building and investing in a life of prayer that changes and shapes me and the world around me. I love to read the Bible to root and ground myself in God's truth, wisdom

and perspective. I prayerfully engage with issues of governance and leadership within my own church and I hope to bring a prayerful voice to General Synod. I would love to see General Synod increase initiatives such as the successful Thy Kingdom Come movement to invite the next generation into more prayer.

- Discipleship and Outreach:

My church involvement includes teaching and preaching. I am passionate about equipping the church with practical theology, a well-rounded biblical perspective on everyday living and gentle challenges in our growing and maturing as disciples of Jesus. Reaching out to non-Christians is a crucial part of discipleship and growing the Kingdom of God. I have helped to run the Alpha course three times at Christ Church Spitalfields. I have been active in short-term mission work with 24/7 Prayer and YWAM. I have carried out outreach in Morocco, Scotland, Serbia, Romania, Poland, Spain and England. I bring a passion for the church in her missional role and a working understanding of the challenges of living this out.

- Community:

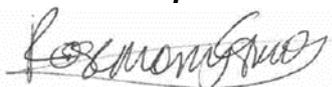
I have been a Christian for over 20 years. I bring the perspective of walking with Jesus over time and seasons within Christian community where none of us are perfect. I am aware of how community can be both a joy and a struggle and I have practised my faith within the realities of the messiness of the local church. I am passionate about Christians being in community, humbly listening and learning from God and each other and practising forgiveness. I love building genuine Christian community where all are welcome and all hear the gospel. Within my church I am part of a group who participate in a monthly community meal with church members and non-Christian local people from a variety of ethnic and socio-economic backgrounds in order to witness to local non-believers and grow our community amongst people who are different from the existing congregation.

- Mental Health:

I bring professional expertise in the area of mental health. In my work I use evidence-based psychological therapies incorporating a tailored understanding of a person's distress. I have observed how Christians may feel shame or condemnation in their own mental health difficulties and I am skilled and proactive in opening up the conversation so that the church increases in insight and compassion towards the real yet sometimes hidden issues affecting a congregation. I work to build trust and create hope where it has been lost. As the nation emerges out of the pandemic there are huge challenges including mental health needs and we in local churches have an opportunity to help people access the support they need. I will bring my expertise to help the Church of England respond to mental health needs in local communities.

---

***Thank you for reading. I would bring experience and understanding of systems and people from all walks of life to General Synod. I am able to communicate on sensitive and nuanced matters in a faith-filled and balanced way. I am skilled at being a clear voice in complex discussions. I ask you to consider giving me a high preference vote.***



Email: [rosemarylindagomes@yahoo.co.uk](mailto:rosemarylindagomes@yahoo.co.uk)

Mobile: 07949302637

---