

Ignatian Insights

Resourcing Spiritual Directors with the wisdom of the Spiritual Exercises

ISC: The Spiritual Exercises of Ignatius Loyola & The Art of Spiritual Direction



WHO IS THIS COURSE FOR?

This Course is suitable for those who wish to explore the Spiritual Exercises for the first time. It should also be of interest to those who already have some experience of the Spiritual Exercises and who would like to deepen and refresh their knowledge

THE CONTENT OF THE COURSE:

We will begin with an overview of the Spiritual Exercises and then work through them thematically. Each participant will be asked to continue the learning process between sessions by writing in a journal, reading a relevant article or handout, or engaging in a prayer exercise or experience

THE COURSE LEADERS:

Julian Maddock and Kate Stogdon who currently teach on the 3-Year Ignatian Spirituality Course and Andrew Walker who is Course Director

DATES & VENUE

The course will be held at The LONDON CENTRE for SPIRITUALITY. There will be 11 monthly Sessions from 2 pm till 5 pm:

22 Sep 2008 20 Oct 2008
17 Nov 2008 15 Dec 2008
19 Jan 2009 16 Feb 2009
16 Mar 2009 20 Apr 2009
18 May 2009 15 Jun 2009
13 Jul 2009

Cost £250. A non-refundable deposit of £40 is payable in booking, the balance to be paid by the beginning of the course.

If you would like to apply, please

The ISC Administrator
St. Edmund the King & Martyr Church
Lombard St, London. EC3V 9EA