

# **Saint Marylebone Healing and Counselling Centre**

## *Help for the Journey*

**COUNSELLING AND PSYCHOTHERAPY**  
provided by Christian professionals

**SPIRITUAL DIRECTION**  
offered by an ecumenical team

**PRAYER FOR HEALING**  
service at 6.30 pm 1st Sunday in the month

**MENTAL HEALTH SUPPORT GROUP**  
twice-monthly drop-in for those  
experiencing prolonged mental health issues

*For more information, please phone/e-mail*

**020 7935 5066**

**healing@stmarylebone.org**

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