

St Marylebone Healing and Counselling Centre

SPIRITUALITY, RELIGION AND MENTAL HEALTH

Thursday 19 January 2006

A day conference designed primarily for mental health professionals, and church leaders who want to think about the place of spirituality in mental health care, and the creative and destructive aspects of religious faith and practice.

to be held at:

St Marylebone Healing and Counselling Centre, 17 Marylebone Road, London NW1

Full programme given overleaf

Tickets £50

individual concessions £25

To: *St Marylebone Healing and Counselling Centre, 17 Marylebone Road, London NW1 5LT*
(tel: 020 7935 5066)

Please send me ticket(s) for *Spirituality, Religion and Mental Health* on Thursday 19 January 2006

I enclose a cheque for £..... (payable to "St Marylebone Healing and Counselling Centre"
together with a stamped self-addressed envelope)

Please state which workshop you would like to attend (list overleaf): preference 1.....preference 2.....

Name(s) of delegate(s) and address (please print).....

.....

Phone no E-mail

Occupation Any dietary requirements vegetarian/vegan etc.....

Programme

- 9.45am Arrivals, coffee etc
- 10.15am **Welcome and Introduction to the Day**
Rev'd Chris MacKenna, Director of St Marylebone Healing & Counselling Centre and Full Member of the British Association of Psychotherapists.
- 10.30am **Hard to Believe**
A film about mental health and spirituality which explores the experiences of mental health service users, and the value of liaison between mental health professionals and faith communities.
- 11.05am **Discussion and input about the work of St Marylebone Healing & Counselling Centre**
- 11.30am Coffee etc
- 12.00pm **Workshops**
A. *The pastoral care of the mentally ill*
B. *Hard to Believe*
C. *Psychosis and spiritual experience*
D. *The stigma attached to mental illness and religious belief*
E. *Strategies for Living, the work of the Mental Health Foundation*
- 1.00pm Lunch break (sandwiches provided)
- 2.00pm **Incorporating the patient's spiritual journey into our thinking**
The Rev'd Andrew Wilson, Chaplain to SLAM, and Mental Health Chaplain (Croydon)
- 2.45pm **How does spirituality relate to religion?**
Professor Peter Gilbert, the National Institute for Mental Health in England
- 3.30pm **Panel Discussion with Speakers**
- 4.00pm Tea and depart