

St Marylebone Healing and Counselling Centre

SPIRITUALITY, RELIGION AND MENTAL HEALTH

Thursday 12 May 2005

A day conference designed primarily for mental health professionals, and church leaders who want to think about the place of spirituality in mental health care, and the creative and destructive aspects of religious faith and practice.

to be held at:

St Marylebone Healing and Counselling Centre, 17 Marylebone Road, London NW1

Full programme given below

Tickets £50

concessions £25

To: *St Marylebone Healing and Counselling Centre, 17 Marylebone Road, London NW1 5LT*
(tel: 020 7935 5066)

Please send me ticket(s) for *Spirituality, Religion and Mental Health* on Thursday 12 May 2005

I enclose a cheque for £..... (payable to "St Marylebone Healing and Counselling Centre"
together with a stamped self-addressed envelope)

Please state which workshop you would like to attend (list overleaf): preference 1.....preference 2.....

Name(s) of delegate(s) and address (please print).....

.....

Phone no E-mail

Occupation

Programme

- 9.45am Arrivals, coffee etc.
- 10.15am **Welcome and Introduction to the Day**
Rev'd Chris MacKenna, Director of St Marylebone Healing & Counselling Centre and Full Member of the British Association of Psychotherapists.
- 10.30am **Faith Communities and Mental Health Services: a Partnership**
Dr Kathy Aitchison, Clinical Senior Lecturer in Adult Psychiatry at The Institute of Psychiatry.
- Change4Good – a Christian Mental Health Project**
Mr James Myers
- 11.30am Coffee, etc.
- 12.00pm **Workshops**
A. *The pastoral care of the mentally ill*
B. *Psychotherapy and the spiritual journey*
C. *Psychosis and spiritual experience*
D. *The stigma attached to mental illness and religious belief*
E. *Strategies for Living, the work of the Mental Health Foundation*
- 1.00pm Lunch (not provided)
- 2.00pm **Drinking from the Wells of our Humanity**
Professor Peter Gilbert, the National Institute for Mental Health in England.
- 3.15pm **Panel Discussion with Speakers**
- 4.00pm Tea and depart.